

BETWEEN THE SHEETS

Inside our hotel of the week

THE ORIENTAL, BRIGHTON

→ **Where and why:** This grade II listed Regency guesthouse just off the seafront is one of Brighton's original boutique hotels. It is a short walk from the city centre and has just been refurbished. The spacious, modern rooms feature oriental silk headboards - a smart traditional touch.

→ **On the menu:** We tucked into a hearty full English but the hotel is happy to cater for all tastes, whether you're vegetarian or prefer organic. In the evening, the hotel's funky lounge, the Oriental Bar, is the perfect place for a pre or post dinner drink.

→ **While you're there:** The hotel offers a range of spa treatments (from £50). Then wander to the beach a pebble's throw away or hit the shops. For designer boutiques go to the historic quarter

of Brighton Lanes, or for vintage fashion and locally-made jewellery, try North Laine.

Evenings are buzzing in Brighton. Go clubbing at The Honey, on the seafront in Kings Road Arches, or at one of the city's many other glam night spots.

Or stroll to the Brighton Centre, which is a five-minute walk away, to catch a show. If you enjoy rustic food

with a twist go for dinner at Bill's on North Road (www.billsprodcestore.co.uk, 01273 692894), which is housed in what was formerly a bus depot. Crispy calamari rings and garlic mayo was a tasty starter (£5.75) followed by spicy Thai green prawn curry (£9.95), accompanied by a decent bottle of white wine (£14.25).

→ **Wake-up call:** Rooms from £89 per night (based on two sharing) including breakfast. To book go to www.orientalbrighton.co.uk or call 01273 205050.

ANGIE BAILEY



The Oriental

